



## Housing Options Workshop Series

On Sunday, March 20, in the midst of another glorious rain shower, 34 hardy new and old friends arrived to learn about NEXT Village SF, TTN-Home and

Ashby Village's 2016 Housing Options Workshops. They came from as far away as Half Moon Bay and Berkeley, and as close at hand as the corner of Filbert and Medau.

The March 20th meeting was an overview of the two series of workshops to be held April–June and August–October. The central document we reviewed and discussed was TTN-Home's chart of *12 Housing Types for Aging in Place, Shared Housing and Aging in Community*.

The workshops are scheduled as follows:

### **SERIES 1: 1:30pm – 4pm**

- Aging in Place: Sunday, April 24
- Shared Housing, Various Models: Sunday, May 22
- Shared Housing, Structuring Shared Housing Arrangements: Sunday, June 26

### **INFORMAL NEXT Village/TTN-Home at Home**

Sunday, July 24. (Location, and, speaker to be announced.)

### **SERIES 2: 1:30pm – 4pm**

- Aging in Community: Affordable Housing: Sunday, August 28
- Aging in Community: Retirement Communities/Assisted Living: Sunday, September 25
- Aging in Community: Other types of Community Living – Cohousing, Pocket Neighborhoods, Community Land Trust Properties and more: Sunday, October 23

### **LOCATION**

Telegraph Hill Neighborhood Center, 660 Lombard Street.

### **COST**

The cost is \$45 for the each trio of Workshops.

*No one will be turned away for lack of funds, but please contact event organizers for details.*

### **REGISTRATION**

To register and pay, please go to:

<https://nextvillagehousingoptions.eventbrite.com>

or pay by check (NEXT Village SF, PO Box 330278, SF, 94133)

Questions? Please contact Jonee Levy

[jlevy@nextvillagesf.org](mailto:jlevy@nextvillagesf.org) (415-754-8622) or

Janet Crane [jcrane@f-sc.com](mailto:jcrane@f-sc.com) (415-398-4094)

## Monthly Events Around the Village

Join us for these fun activities! Please RSVP at [rsvp@nextvillagesf.org](mailto:rsvp@nextvillagesf.org) or 415-888-2868.

Let us know if you need transportation.

### [Drink and Draw with Artist Vesta Kirby](#)

**Friday April 1, 1–2:45pm**

**North Beach Library, 850 Columbus Avenue  
Upstairs Community Room**

**Bring your watercolor supplies! Please RSVP.**

### [Technology Teach-in – There's "Hope" For You!](#)

**Friday, April 8, 1–2:30pm**

**2nd Session Friday, April 22, 1–2:30pm**

**North Beach Library, 850 Columbus Street**

For best results, bring your devices and passwords.

**Members only. RSVP required.**

### [Sid's Salon! Sid keeps the classic films coming!](#)

#### **The Gleaners and I**

France Agnès Varda 2000 1 hr 22 min

**Wednesday, April 20th, 6–8:30pm**

**Tel Hi Neighborhood Center, 660 Lombard**

### [Brain Fitness ~ Keep your Brain on its Toes ~](#)

**Every third Thursday 1–2:30pm**

**April 21, May 19, June 16, July 21**

**North Beach Library**

**850 Columbus Ave (at Lombard)**

RSVP requested

### [Reading Circle- Calling all readers!](#)

*Books, Magazines, Journals*

**Thursday, April 28th, 4-5pm**

**Rose Pistola, 532 Columbus Ave**

Come get great recommendations, hear people's reviews, and share something from what you have been reading. Bring a few bucks for a beverage.

**RSVP required.**

### [Walk and Talk](#)

Take a walk every Saturday with other cool Village people. Meet at Caffe Sapore, 790 Lombard Street for an 11am departure.



**The Art of Aging Gracefully Resource Fair**

**STAY VITAL, HEALTHY AND FIT**

**Thursday, April 7, 2016 • FREE**

**9:30am–3:30pm**

**JCCSF 3200 California Street**

An annual favorite event- Stop by NEXT’s table and say hello!

Make it a day of discovery. Engage with local businesses and organizations who are valuable resources to help you stay healthy and energized.

- Presentations from UCSF Medical Center professionals on healthy living.
- Insights and opportunities to support active, creative aging.

**RSVP: <https://www.jccsf.org/adult/adult-prog-con/the-art-of-aging-gracefully/> or [sschulz@jccsf.org](mailto:sschulz@jccsf.org) or 415-292-1260**



**Technology Teach in – There’s “Hope” for you!**



**Friday, April 8, 1–2:30pm**

**2nd Session Friday, April 22, 1–2:30pm**

**North Beach Library, 850 Columbus Street.**

Don't feel ‘Hopeless’ with your technology devices. Meet with Hope Weismann for a one-on-one Q & A. For best results, bring your devices and passwords.

**Members only. RSVP required. [rsvp@nextvillagesf.org](mailto:rsvp@nextvillagesf.org) or 415-888-2868**



**Brain Fitness ~ Keep your brain on its toes ~**

**Thursday, April 21, 1–2:30pm (Every third Thursday)**

**(5-19, 6-16, 7-21)**

**North Beach Library**

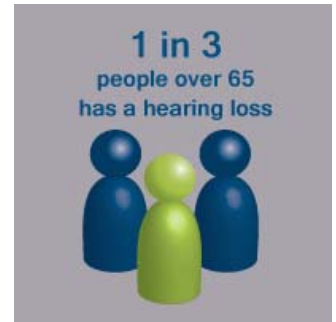
**850 Columbus Ave (at Lombard)**

Everybody LOVED playing these exciting new brain games. This month, we’ll be a bit more organized, and we’ll have different levels for each game so we can build success with each puzzle. Join us every month!





## Excuse me? Pardon me? Could you please repeat that? Live and Learn focuses on hearing.



Wednesday, April 20th  
1–2:30pm  
North Beach Library  
850 Columbus Ave

Even with a well-fit hearing aid, communication can still present a problem for many hard of hearing individuals. We encourage you to come to join us for current information about hearing health and strategies to help you communicate better. In this Live and Learn session, you will learn about Assistive Listening Device (ALD) technology and apps. We will feature ALD's with hands-on demonstrations of technology that can help you in hard-to-hear situations. We will also review apps that can help you communicate better or act as an ALD, so bring your smartphone or tablet and so you can download apps.

Exploring all the options to help you listen more effectively, we will demonstrate TV devices, alarms, amplified phones and apps designed for all your audiology needs including tinnitus, aural rehabilitation and captioning.

Presented by the fabulous Jessie Johnson, Clinical Practice Manager, Hearing and Speech Center  
<http://www.hearingspeech.org/main/>



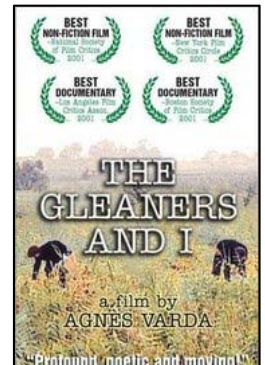
### Sid's Salon- Sid keeps the classic films coming!

**The Gleaners and I** — France. Agnès Varda 2000 1 hr 22 min

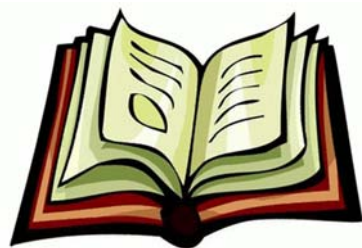
Wednesday, April 20th, 6–8:30pm

Tel Hi Neighborhood Center, 660 Lombard

An intimate, picaresque inquiry into French life as lived by the country's poor and its provident, as well as by the film's own director, Agnes Varda. The aesthetic, political and moral point of departure for Varda is the gleaners, those individuals who pick at already-reaped fields for the odd potato, the leftover turnip.



### Reading Circle- Calling all readers! Books, Magazines, Movies



Thursday, April 28th, 4–5pm, Rose Pistola, 532 Columbus Ave

Come get great recommendations, hear people's reviews, and share something from what you have been reading. Bring a few bucks for a beverage.

RSVP required [rsvp@nextvillagesf.org](mailto:rsvp@nextvillagesf.org) or 415-888-2868

## Walk and Talk

**Take a walk every Saturday with other cool Village people.**

Meet at Caffe Sapore -790 Lombard St for an 11am departure.

The 45-minute walk (designed to be enjoyable, not to torture you), will be led by our own personal trainer, Martha Hughes. This is a great opportunity, so please take advantage of it! (If it is raining too hard to walk, you can still hang out and have coffee together!)

Feel free to contact Martha directly with any questions at (415) 271-0717 or [thebullsheet@hotmail.com](mailto:thebullsheet@hotmail.com)



## Jigsaw Puzzle Swap

Do you enjoy doing jigsaw puzzles? So does super member, Janet Winslow. She is interested in finding people to swap puzzles with. Contact her at 415-421-1466 [janewinslo@sbcglobal.net](mailto:janewinslo@sbcglobal.net)



## NEXT Day at the de Young

**Monday, May 9th, 1:30-3pm. Members only.**

**Hold the date:** Oscar de la Renta exhibit at the de Young.



从现在开始，旧金山又一村将定期，于每个月的第一个和第三个星期二下午到 777 Broadway，第二个和第四个星期二下午到 227 Bay street 两所老人公寓探望老人。与老人唱歌、做运动，还有冰高游戏和茶点及看信服务，深受老人欢迎！这里，我们谢谢大家对于旧金山又一村的支持，我们将继续奉献爱心，真诚服务，关爱老人。愿健康和快乐与老人常伴，愿所有的老人健康长寿，晚年幸福！欢迎更多的老年朋友加入我们的大家庭！如果您希望得到更多的关于我们的信息，请致电：415-8882868 我们的网站为 [NEXTvillageSF.org](http://NEXTvillageSF.org)

## Volunteer Corner

Well, we sure miss Rebecca. Off to greener pastures she is. Until we find someone who sparkles as much as she did, please send your volunteer requests to Jacqueline.

In the meantime, thanks to sweet **Sandi Hughes** for all her help this month, XOXO, Sandi.

### Welcome new volunteer, Bobby Johnsen.



Originally from Long Island, Bobby is a filmmaking professional. NEXT has asked Bobby to help capture stories of our members through the National Public Radio show, StoryCorps. <https://storycorps.org/>

StoryCorps allows anyone to interview anyone about anything. StoryCorps' mission is to preserve and share humanity's stories in order to build connections between people and create a more just and compassionate world. A similar mission to NEXT Village.

From their website: "We do this to remind one another of our shared humanity, to strengthen and build the connections between people, to teach the value of listening, and to weave into the fabric of our culture the understanding that everyone's story matters. At the same time, we are creating an invaluable archive for future generations."

Because of his work on the production end of film and television, Bobby is the perfect person to help us capture your stories. Every one of you has a story! I'm going to give him a few suggestions of members to interview, and I hope that you will reach out to us if you're willing to share. The stories COULD BE ABOUT ANYTHING! Something special that happened to you, or a time in your life when you struggled, or someone who meant a lot to you, something you did that was awesome...please let me know and we'll get it going! It doesn't take any special equipment, just a quiet place. We'll talk about your subject and then Bobby will ask a few questions to help the story take shape. It's SO easy!

Bobby will also be helping with Brain Games! Welcome, Bobby!

## From the Director

It has been a wet and wild March, hasn't it? So much water! My home in Oregon is on a year-round creek, but thanks to my tenant's icemaker, it was the inside of my house that flooded, damaging the kitchen and the dining room floors. I guess all those years of paying insurance premiums were worth it! Speaking of Housing....Jonee and Janet have done a tremendous amount of work to bring you our 2016 Housing Options Workshops. Register now for Series One, beginning in April.

There's so much great stuff going on at NEXT. I hope you'll join in on two new events: Saturday walks, and Brain Games. Both are excellent in staving off Alzheimer's! We're grateful to volunteers who give us their time to help with events like this. Give us a jingle and let us know you're coming.

NEXT Village Office Hours: Hah! We don't have an office, (yet). If you're calling with a request or to RSVP, please note that the office line, 415-888-2868, rings right into my living room, so it's best to call between 8-6pm.

Thanks.

Happy Spring everyone. I hope you get out and enjoy the green while it's still green!

I'll see you *Around The Village!*

Jacqueline

[jjones@nextvillagesf.org](mailto:jjones@nextvillagesf.org) 415-888-2868 [www.nextvillagesf.org](http://www.nextvillagesf.org)